

## URINE CYTOLOGY COLLECTION INSTRUCTIONS

This test involves the examination of 3 urine specimens obtained on 3 consecutive days (**Monday-Friday**).

1. Please write your
  - Full name
  - Date of birth
  - Date and time of collection
  - Number of the specimen (i.e. 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup>) on the jars provided.
- 2 The first early morning specimen is not suitable.
- 3 Continue with normal diet and fluids after passing first urine of the day, then collect the next urine specimen into the jar provided and firmly secure the lid.
- 4 Each specimen **must** be delivered to your local collection centre on the same day of collection. If unable to deliver within 2 hours refrigerate the specimen. (Specimen must still be delivered on the same day of collection.)
- 5 Repeat the above steps on day 2 and 3.